

kabaḷīkārahāro
Physical nutriment

Phasso āhāro
Contact as nutriment

Manosañcetanāhāro
Mental volition as nutriment

Viññāṇāhāro
Consciousness as nutriment

“asubhe subha”nti vipallāso
the perversion that there is
fair in the foul

“dukkhe sukha”nti vipallāso
the perversion that there is
pleasure in the painful

“anattani attā”ti vipallāso
the perversion that there is self
in the not-self

“anicce nicca”nti vipallāso
the perversion that there is permanence
in the impermanent

kāmapādānaṃ
clinging to sensual-desire

sīlabbatupādānaṃ
virtue-and-duty clinging

diṭṭhupādānaṃ
view clinging

attavādupādānaṃ
self-theory clinging

kāmayogo
the bond of sensual desires

bhavayogo
the bond of existence

diṭṭhiyogo
the bond of views

avijjāyogo
the bond of ignorance

abhijjhākāyagantho
the body-tie of covetousness

Byāpādo kāyagantho
the body-tie of ill will

parāmāsakāyagantho
the body-tie of misapprehension

idaṃsaccābhiniveso kāyagantho
the body-tie of insistence that this is truth

kāmāsavo
the taint of sensual desires

bhavāsavo
the taint of existence

diṭṭhāsavo
the taint of views

avijjāsavo
the taint of ignorance

kāmogho
the flood of sensual desires

bhavogho
the flood of existence

diṭṭhogho
the flood of views

avijjogho
the flood of ignorance

rāgasallaṃ
the barb of lust

dosasallaṃ
the barb of hate

diṭṭhisallaṃ
the barb of views

mohasallaṃ
the barb of delusion

rūpūpagā viññāṇaṭṭhiti

vedanūpagā viññāṇaṭṭhiti

saññūpagā viññāṇaṭṭhiti

saṅkhārūpagā viññāṇaṭṭhiti

form as steadying-point for
consciousness passing on

feeling as steadying-point for
consciousness passing on

perception as steadying-point
for consciousness passing on

volitional formations as steadying-point
for consciousness passing on

chandā agatigamaṇaṃ
going a bad way through will

dosā agatigamaṇaṃ
going a bad way through hate

bhayā agatigamaṇaṃ
going a bad way through fear

mohā agatigamaṇaṃ
going a bad way through delusion

Birth

Pain (Dukka)

Ageing

Sadness(domanassa)

Sickness

Sorrow (Soka)

Death

Lamentation(parideva)

Distress

Separation from what is pleasing

Union with what is displeasing

not getting what one wants